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| BAT Logo | C:\Users\Jim\Pictures\ASIIP logostyle\ASIIP logo.JPG  *BAT is an organisational member*  *of the* ***Adlerian Society UK and***  ***Institute for Individual Psychology***  *and provides professional training*  *courses accredited by ASIIP*  **www.asiip.org** |

**INTRODUCTION TO COUNSELLING SKILLS**

**Bucks Adlerian Training is offering a 10 hour Introduction to Counselling Skills Course on 4 Wednesday evenings in June 2020.**

**What it covers:**

* **Introduction to core counselling skills and theory**
* **Skills and techniques to help you improve your communication and increase you self-awareness**
* **An understanding of relationship building based on the work of psychologist Alfred Adler**
* **A progression route onto further training with BAT or other agencies**

**Useful for those who:**

* **Wish to gain basic counselling skills to support their work or everyday life**
* **Are thinking of starting out on a counselling career path**

**When and where:**

* **3rd, 10th, 17th and 24th June 2020**
* **7pm to 9.30pm**
* **Venue: Manor Barn House, Water Stratford, MK18 5DS (just outside Buckingham)**

**Fees:**

* **£100**

**Tutors:**

* **Jill Reynolds**

**BSc (Hons); Dip Counselling (ASIIP); MBACP (registered); MASIIP (accredited)**

* **Janina Bell**

**BA (Hons); PGCE; Dip Counselling (ASIIP); MBACP (registered);**

**MASIIP**

**All enquiries please contact Jill Reynolds on 01280 847853 or 07990 876747. Alternatively email to** [**jillreynolds49@gmail.com**](mailto:jillreynolds49@gmail.com) **or visit** [**www.adlerian.org.uk**](http://www.adlerian.org.uk)